

# Bramley Sunnyside Junior School

## PSHE Policy

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Rotherham Metropolitan Borough Council Education  
Department





*Our vision for Bramley Sunnyside Junior School is to create a safe and nurturing environment which ensures that learning experiences for*

*all children are memorable.*



*We place a strong emphasis on building friendships and relationships through respect and team work.*



*We aim to inspire everyone to achieve more than they ever believed possible!*



*If you believe it  
You can achieve it*



**Bramley Sunnyside Junior School Vision and Values**

## ***PSHE Policy***

Where the term parent is used in this policy it relates to Parents & Carers.

There is a non-statutory framework for Personal, Social and Health Education (PSHE) for Key Stages 2 which:

- promotes the spiritual, moral, cultural, mental and physical development of children
- prepares children at the school for the opportunities, responsibilities and experiences of adult life

### **Aims and Objectives**

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society. PSHE helps children to acquire the skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed

We aim to prepare our children for their future through the delivery of a comprehensive PSHE programme. The aims of PSHE are to enable the children to:

- develop spiritually, morally, socially and culturally;
- know and understand what constitutes a healthy lifestyle;
- be aware of safety issues;
- understand what makes for good relationships with others;
- understand and manage their emotions;
- value themselves and respect others;
- acknowledge and appreciate difference and diversity;
- be independent and responsible members of the school and the local community;
- be positive and active members of a democratic society;
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- safeguard the environment;
- develop good relationships with other members of the school and the wider community.

The PSHE programme will:

- develop confidence and responsibility and making the most of children's abilities;
- prepare to play an active role as citizens;
- develop a healthier, safer lifestyle;
- develop good relationships and respect differences between people.

### **Teaching and Learning Style**

At Bramley Sunnyside Junior School a range of teaching and learning styles is adopted. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship e.g. charity fundraising, the planning of special events such as a special assembly or involvement in an activity to help other individuals or groups less fortunate than themselves. Classes are organised in such a way as to enable participation in discussions to resolve conflicts or set agreed classroom rules of behaviour. We offer our children the opportunity to hear visiting speakers, such as police and representatives from local churches, whom we invite into school to talk about their role in creating a positive and supportive local community.

### **Inclusion**

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Sensitivity will be applied in respect of children's individual needs.